



# MEDICAL ASSESSMENT

HEAD TO TOE

## HEAD TO TOE ASSESSMENT

- Simultaneous head to toe assessment during your exam
- Objective information
- What you see, feel, hear, smell, exam findings
- Subjective + Objective = complete forensic examination
  
- Document ALL findings, regardless of situation

## HEAD TO TOE ASSESSMENT

- AVOID!
- Never write WNL – document your objective findings of what you see, feel, smell, observe
- Forensic examinations are NOT general medical assessment, your responsibility is to document EVERYTHING

## HEAD TO TOE ASSESSMENT

- Systematic assessment for each body region
- Cephalocaudal
  - Start at head and move down body

## INITIAL PRESENTATION

- General appearance (clothing, demeanor, orientation, emotions)
- Who is with the patient (at the bedside)
- General safety assessment of patient
- Medically stable for exam

## CORRELATING

- Use subjective (questionnaire, narrative) to guide your objective assessment
- Correlating information
- Pertinent positives (+ correlations)
- Pertinent negatives (- correlations)

## CORRELATING

- Examiner responsibility is to see if correlating findings are present
- May be absent
  - Consider normal variants on WHY a finding may be absent
  - Ex: 24 yo F, LMP 16 days ago, acquaintance rape during 2<sup>nd</sup> date

## ASSESSMENT TECHNIQUES

- Inspection!
- Palpation!
- Focused assessments – auscultation and percussion rarely if ever used during a forensic examination
- Ambient light, tangential light, ALS

## ALS

- Use of ALS several times throughout exams
- Attempt to consolidate use (average 3 times per exam)
  - Upon initial arrival (with clothes on – front and back)
  - During anogenital exam
  - On conclusion of head to toe exam – inspect entire body front/back

## ASSESSMENT TECHNIQUES

- Inspection!
- Ambient light (direct overhead lighting)
- Tangential light (pen light, otoscope light) w/room lights dimmed
- ALS (capillary bed disruption, contrast, fluorescence)

## HEENT

- Critical assessment performed with possible strangulation history from subjective information
- Perform Strangulation Assessment – form walks you through assessment criteria

## HEAD/SCALP

- Inspect scalp with ambient room light
  - Missing hair segments
  - Scalp injuries, membrane disruptions, petechiae, lacerations
- Inspection with ALS
  - contrast, fluorescence
  - Can request to cut small portion of hair if + findings
  - Use sterile scissors (suture kit) or obtain dry stain

## HEAD/SCALP

- Palpate
  - Swelling
  - Tenderness/pain
  - Crepitus
  - Deformity

## HEAD/SCALP



## HEAD/SCALP-EARS – BATTLE'S SIGN

- Indication of a basal skull fracture
- Notify MD immediately



## HEAD/EARS

- Inspect ears with ambient room light
  - Petechia , injury, swelling, deformity
  - Piercings (intact, missing) – important if left at assault location
  - Clear fluid – contact physician ASAP (possible CSF)
- Inspection with ALS
  - contrast, fluorescence
  - Contrast = scant blood in ear canal

## HEAD/EARS

- Ringing in ears
- Finger nail impressions
- Common location of petechia after strangulation
  - Inside ear canal and behind ears



## HEAD/EYES

- Inspection
- Eyelids, sclera, pupils (PERLA)
- Conjunctiva, hemorrhages
- Piercings (intact/missing)
- Pull lids down to assess
- Visual acuity (if applicable)
  - May suggest to MD on report



Pronounced petechiae in the whites of the eyes and on the cheeks/face.



## HEAD/EYES



## HEAD/EYES

- Palpation
- Orbits, lids, temporal
- Swelling, pain, tenderness, nodules



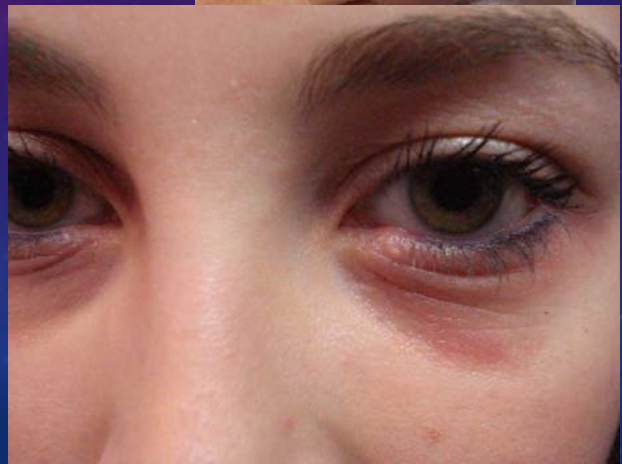
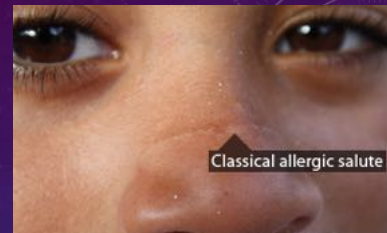
## HEAD/NOSE

- Inspection
  - Discharge (color, consistency, amount) think DNA!
  - Turbinates – swelling
  - Injury/lesions
  - Deformity
  
- Palpation
  - Tenderness/pain
  - Swelling
  - Integrity



## HEAD/NOSE & EYES

- Common findings
- Allergic shiners/salutes
  
- Still document finding
- Don't have to differentiate
- Review med hx (allergies)



## HEAD/NOSE

- No finding is too small!
- Hx of successful prosecution from great investigation by PD
  - Patient had severe allergy to dogs
  - Perpetrator had 4 dogs
  - Rhinitis, sneezing during assault, allergic shiners/salute
  - Patient's DNA retrieved from assailant in 6 different locations

## HEAD/MOUTH

- Inspection (use pen light, otoscope light)
- Frenulum, soft/hard palate, lips
- Teeth, missing/hardware/piercing
- Petechiae, swollen tongue
- Inspect inside lips/on gumline
- \*\*obtain oral swabs during assessment

## HEAD/MOUTH

- Use objective history to obtain possible circumoral dry stains if report of kissing
  - Also kissing, licking, biting to any HEENT location

## HEAD/MOUTH

- Forced oral penetration, strangulation
- Frenulum, palate, gums, lips, teeth



## HEAD/MOUTH

- Retract lips to assess



## HEAD/NECK

- Inspection with ambient light, tangential light
- Injury, swelling, petechiae, purpura
- Trachea midline
- JVD (strangulation)
- Fingernail indentations
- Ligature marks
- Difficulty breathing
- ALS!
- Deeper capillary bed disruptions
- Common to see fingertip bruising during strangulation



Petechiae <.5cm  
Purpura >.5cm

## HEAD/NECK

- Assess for
- Voice changes
- Unable to speak
- Trouble swallowing
- Clearing throat (without baseline hx)
- Coughing
- Sore throat
- Stridor
- Drooling
- Facial asymmetry

## HEAD/NECK

- Palpate for
- Deformity, trachea midline, crepitus
- Tenderness, pain
- Swelling



## HEAD/NECK

- Obtain dry stains to neck area for
- Touch DNA if subjective information indicates
- Dry stain if subjective information dictates
- Any area licked, kissed, bitten

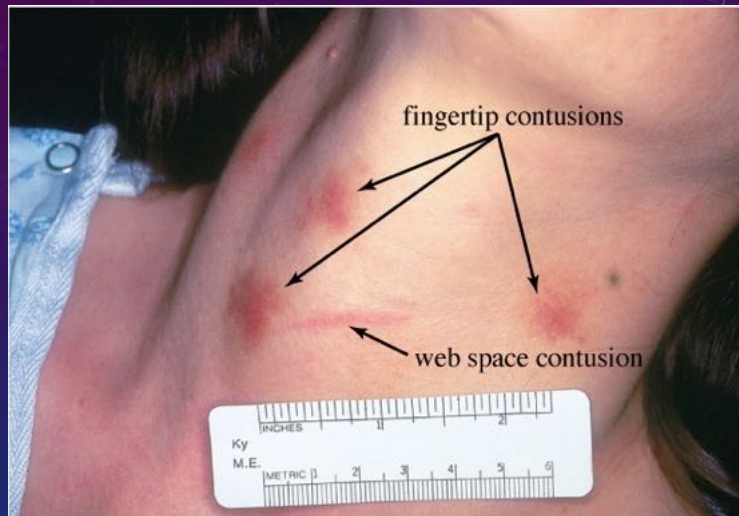
## HEAD/NECK



# HEAD/NECK

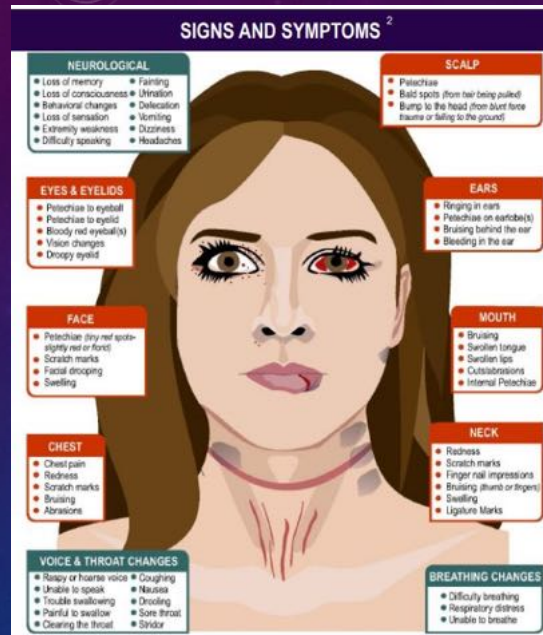


# HEAD/NECK



Source: Knoep KJ, Stack LB, Storrow AB, Thurman RJ: *The Atlas of Emergency Medicine, 3rd Edition*: <http://www.accessmedicine.com>  
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## HEAD/NECK



## TORSO - ANTERIOR

- Inspection (ambient/tangential/ALS)
- Injury, swelling, lesions, scars, deformity
- Palpation
- Pain, tenderness, deformity, swelling, crepitus

## TORSO - ANTERIOR

- Don't forget
- Striae, eschar if applicable
  - Older = general statement
- \*\*rationale – if you didn't document simple findings then how can competency be proven

## TORSO - ANTERIOR

- Example:

Objective:

“multiple striae to anterior RLQ and LLQ, white in appearance with various measurements ranging from 0.5 cm (smallest) to 6.5 cm (largest)”

Subjective:

“those are from my pregnancy”

## TORSO - POSTERIOR

- Repeat assessment for posterior torso

## TORSO - EXTREMITIES

- Inspection (ambient/tangential/ALS)
- Injury, swelling, lesions, scars, deformity
- Palpation
- Pain, tenderness, deformity, swelling, crepitus

## TORSO – EXTREMITIES (ANTERIOR & POSTERIOR)

- AVOID:
- Do not “assume” puncture wounds are needle sticks
- Document objectively what you see
- Ex: “0.5 x 1.0 hematoma, blue in color to right antecubital fossa with central pinpoint puncture wound, tender on palation, no acute bleeding noted”

## TORSO – EXTREMITIES (ANTERIOR & POSTERIOR)

- Don't forget range of motion to extremities
- Important to establish correlation
- Ligature marks, fingertip bruising, patterned injury
- Assess for defense wounds to extremities
  - Mechanical injury

## TORSO – EXTREMITIES (ANTERIOR & POSTERIOR)

- \*\*can collect fingernail swabs during this part of assessment
- Touch DNA
- DNA sites from subjective statement

## TORSO – EXTREMITIES (ANTERIOR & POSTERIOR)



## TORSO – EXTREMITIES (ANTERIOR & POSTERIOR)



## GENITALIA

- Genitalia assessment covered in detail in previous lectures
- Consider – use of ALS prior to initiation of genitalia exam

## FORENSIC INJURY ASSESSMENT

### CAUTION ON DESCRIPTIONS OF WOUNDS

- Tendency for examiners to fall into patterns of labeling all injury types the same – AVOID THIS!
  - Ex: laceration > incision, traction, torsion, shear stress
- Recognize the types of injuries related to most likely cause and use appropriate nomenclature

## SIZE AND SHAPE

- Measure size (in 2 different fields – ex 2cm x 4cm)
- Describe shape of wound
  - Linear
  - Ovoid
  - Crescent
  - V shaped, S shaped, etc

## COLOR & CHARACTERISTICS

- Color
- Characteristics / Drainage (amount)
  - Bleeding
  - Oozing
  - Serous, sanguineous, serosanguinous

## LOCATION

- Use anatomical landmarks
- Clock method anywhere on body

## TYPES OF INJURIES

- Transient Lesion
- Blunt impact with the skin
- No break in skin integrity
- Slight swelling with wheal like appearance
- "slap mark"
- Usually dissipates/fades within few hours



## TYPES OF INJURIES

- Ecchymosis
- Capillary disruption under the skin
- "bruising"
- Lack of swelling – no blood collection Under skin (causing raised elevation)



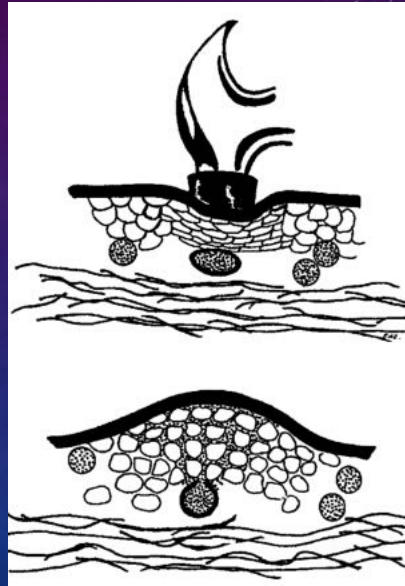
## TYPES OF INJURIES

- Hematoma
- Capillary disruption under the skin
- "bruising WITH swelling
- Blood escapes into perivascular tissue
- Raised/elevated contour
- Larger collection of blood
- Fluctuant mass under skin



## TYPES OF INJURIES

- Hematoma



## TYPES OF INJURIES

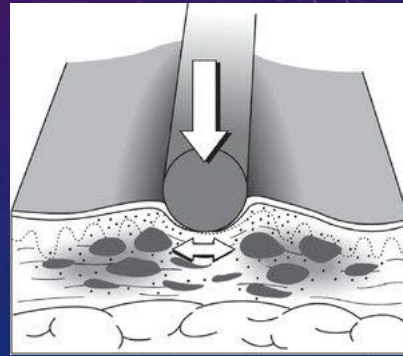
- Migratory Ecchymosis
- Common with crushing injury of tissue against bone
- Deep injuries, migrates to dependent
- Bruising may not appear for days
- Delayed migration of blood through deeper perivascular tissues to surface



## TYPES OF INJURIES - TRAMLINES

- Tramline Ecchymosis
- Central clearing with flanking parallels
- Impact extravasates blood into flanks
- Common with impact injuries from rods sticks, or whip like objects

\*\*important to relay this to PD to look for potential weapon used in assault



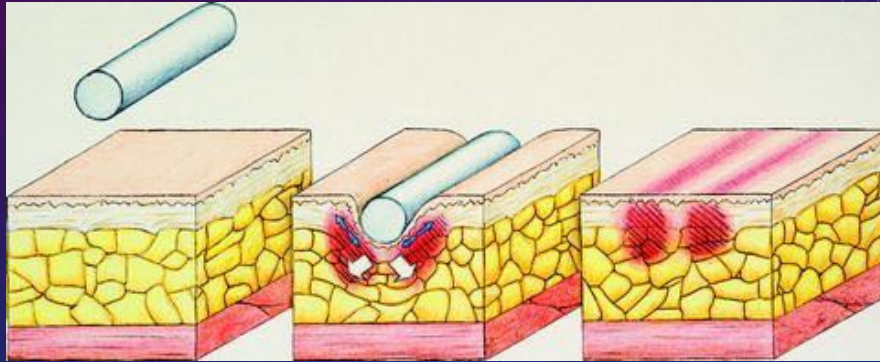
## TYPES OF INJURIES-TRAMLINES



Source: GARDNER, J., FAIZ, S., CHURCH, D., PETER, A., LITTLE, D., WITT, C. / Forensic Dermatology  
to General Medicine, 2nd Edition. www.ccsaonline.com  
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## TYPES OF INJURIES - TRAMLINES



## TYPES OF INJURIES

- Fingertip Patterned Ecchymosis
- 1-2 cm in diameter
- Usually 2-3 ipsilateral, 1 contralateral (not all fingers have same grasp strength)
- Arms, wrists, neck, thighs
- Usually has slight arch
- Assess for contralateral pattern (thumb)



## TYPES OF INJURIES



## TYPES OF INJURIES

- Abrasion/FRICTION BURN
- Superficial reddened area
- NO linear markings
- May penetrate dermis
  - Depends on velocity



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## TYPES OF INJURIES

- Abrasion/GRAZE
- Larger surface area than scratch
- Friction of skin over rough surface
- Sliding, scraping, grinding injuries
- UNEVEN PARRALEL LINES w heaping w/trails
- Usually linear appearance
- Epithelial heaping/ruffling shows force direction
- Superficial, may have exudate/bleeding
- Do not confuse with scratch

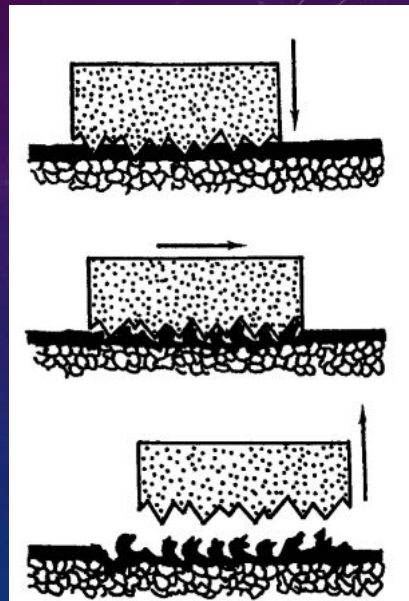


Fig. 5. Production of an abrasion.

## TYPES OF INJURIES

- 1<sup>st</sup> degree – no dermis involvement
- 2<sup>nd</sup> degree – dermis involved
- 3<sup>rd</sup> degree – subcutaneous involved
  - avulsion
- CONSIDER SUBJECTIVE HISTORY AND BODY MECHANICS DURING ASSAULT



## TYPES OF INJURIES

- Abrasion/GRAZE



## TYPES OF INJURIES

- Abrasion/SCRATCH
- Linear abrasions
- Deeper wound at initial impact site
- Trailing/skipping at end
- Shows direction of force



alamy stock photo

## TYPES OF INJURIES

- Abrasion/SCRATCH



## TYPES OF INJURIES

- LACERATION
- Mimics incision wounds
- Shear force, tearing skin (over bone)
- Margins slightly inverted
- Gape open, ragged edges
- Margins bruised/abraded
- Vessels, tissue = Bridging
- Soiled with dirt, grit, fragments



## TYPES OF INJURIES

- INCISION
- Clean edges
- Clean penetration through skin
- NO inversion of margins
- Lack of bruised/abraded margins
- Lack of tissue/vessel bridging



## TYPES OF INJURIES

- INCISION VS LACERATION



## TYPES OF INJURIES

- STAB WOUNDS
- Fishtail injury (dull side)
- Elliptical (double edged)
- Rounded/oval (scissors – dull edges)
- Notched wounds – withdrawn then re-inserted or twisted during penetration

## TYPES OF INJURIES

- STAB WOUNDS



## TYPES OF INJURIES

- BITE WOUNDS
- Dental arches, oval/round
- Central sparing with scrape wounds
- Is individual tooth detail visible
- Characteristics tooth size/deformity
- Direct contact with skin or clothed?
- Differentials:
  - heel marks, dermatology conditions, electrodes, patterned injuries
  - Multiple bites from same assailant may vary
  - DNA!!!!!!



## TYPES OF INJURIES

- BITE WOUNDS

Transient lesions

Slight arch

Epithelial heaping at 7:00

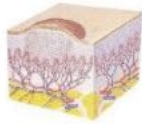
Individual teeth pattern

Direction of scraping TOWARDS center

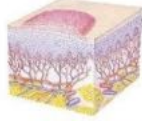
Petechia at 7:00 (common near heaping)



**MACULE:** Skin color change without elevation, i.e. flat (freckles or petechia). Described as a "patch" if greater than 1 cm (vitiligo).



**PAPULE:** Elevated, solid lesion of less than 1 cm, varying in color (warts or elevated nevus).



**PLAQUE:** Raised, flat lesion formed from merging papules or nodules.



**NODULE:** Larger than a papule. Raised solid lesion extending deeper into the dermis. A large nodule is referred to as a tumor.



**WHEEL (hive):** Fleeting skin elevation that is irregularly shaped because of edema (mosquito bite or urticaria).



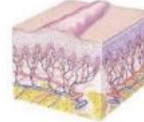
**SCALE:** Dried fragments of sloughed epidermal cells, irregular in shape and size and white, tan, yellow, or silver in color (dandruff, dry skin, or psoriasis).



**EROSION:** A moist, demarcated, depressed area due to loss of partial- or full-thickness epidermis. Basal layer of epidermis remains intact (ruptured chickenpox vesicle).



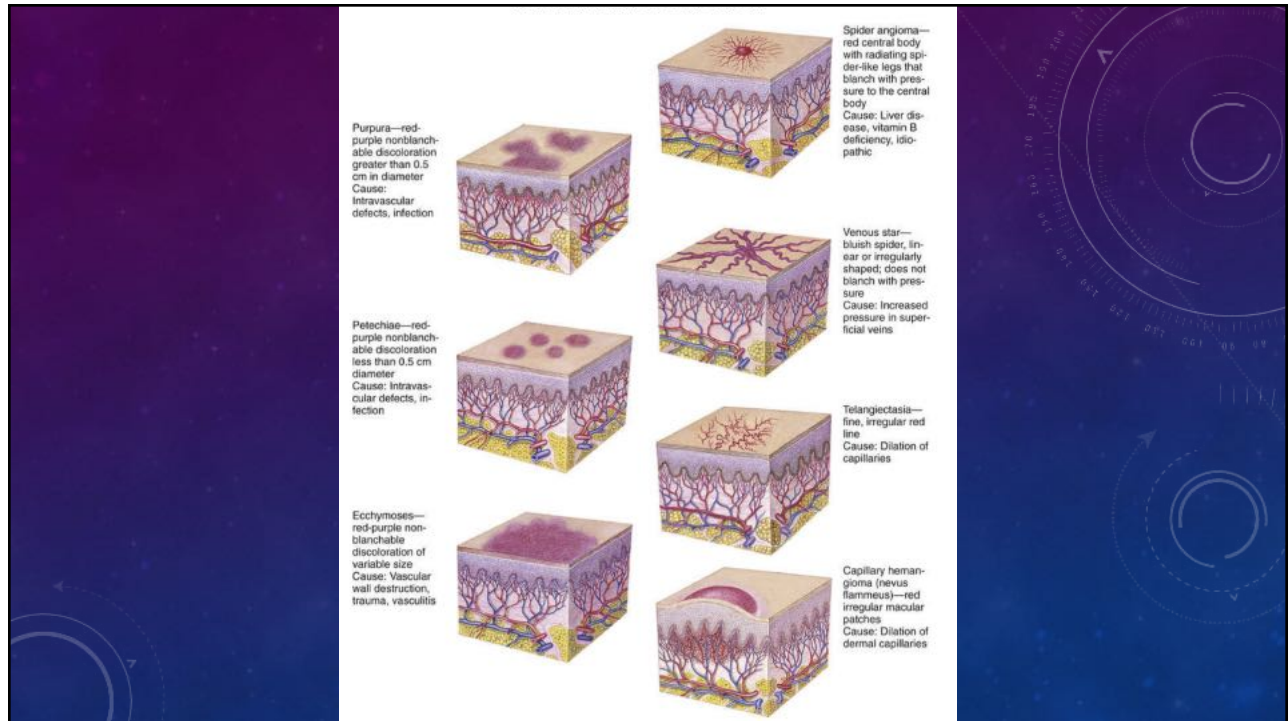
**DEEP ULCER:** Irregularly shaped, exudative, depressed lesion in which entire epidermis and all or part of dermis are lost. Results from trauma and tissue destruction (pressure ulcer).



**SCAR:** Mark left on skin after healing. Replacement of destroyed tissue by scar tissue.



**LICHENIFICATION:** Epidermal thickening resulting in elevated plaque with accentuated skin markings. Usually results from repeated injury through rubbing or scratching (chronic atopic dermatitis).



QUESTIONS?